



MARON MARVEL BRADLEY ANDERSON & TARDY LLC

Diversity, Equity, & Inclusion Calendar

October 2021



October Month-Long Observances

Breast Cancer Awareness Month

Bullying Prevention Month

Domestic Violence Awareness Month

Down Syndrome Awareness Month

Filipino-American Heritage Month

Italian American Heritage Month

LGBTQ History Month

National Work and Family Month

Polish-American Heritage Month

Family History Month

October 1, 1987

Black History Month UK

The beginning of Black History Month in the UK, Ireland, and The Netherlands.

In the United Kingdom, Black History Month was first celebrated in October 1987 (which year was also coincidentally the 150th anniversary of Caribbean emancipation, the centenary of the birth of [Marcus Garvey](#) and the 25th anniversary of the [Organization of African Unity](#), an institution dedicated to advancing the progress of African states). Black History Month in the UK was organized through the leadership of [Ghanaian](#) analyst [Akyaaba Addai-Sebo](#), who had served as a coordinator of special projects for the [Greater London Council](#) (GLC) and created a collaboration to get it underway. It was first celebrated in London in 1987, as part of African Jubilee Year, when on October 1, Dr. [Maulana Karenga](#) from the US was invited to an event at [County Hall](#) to mark the contributions of Black people throughout history.



October 1

Nigerian Independence Day

It marks Nigeria's proclamation of independence from British rule on 1 October 1960. Notably, Nigeria is the most populous African nation with 206 million inhabitants. The US established diplomatic relations with Nigeria immediately following its independence. Nigeria is consistently a pro-America nation. According to the 2012 U.S. Global Leadership Report, 77% of Nigerians approve of U.S. leadership, with 9% disapproving and 14% uncertain, and according to a 2013 BBC World Service Poll, 59% of Nigerians view U.S. influence positively, with 29% expressing a negative view.

Modern Nigerian has made worldwide contributions to the performing arts from Fela Kuti, a pioneer of Afro Beat in the 1970s to the present global recording star, Burna Boy. It also has a thriving movie industry known as Nollywood.



October 2, 1967

Thurgood Marshall (1908-1993)

Sworn in as the first African American associate justice of the U.S. Supreme Court. He served until 1991 and was known for opposing discrimination and the death penalty, and for championing free speech and civil liberties.

Born in Baltimore, Maryland, Marshall graduated from the Howard University School of Law in 1933. He established a private legal practice in Baltimore before founding the NAACP Legal Defense and Educational Fund, where he served as executive director. In that position, he argued several cases before the Supreme Court, including *Smith v. Allwright*, *Shelley v. Kraemer*, and *Brown v. Board of Education*, the latter of which held that racial segregation in public education is a violation of the Equal Protection Clause.



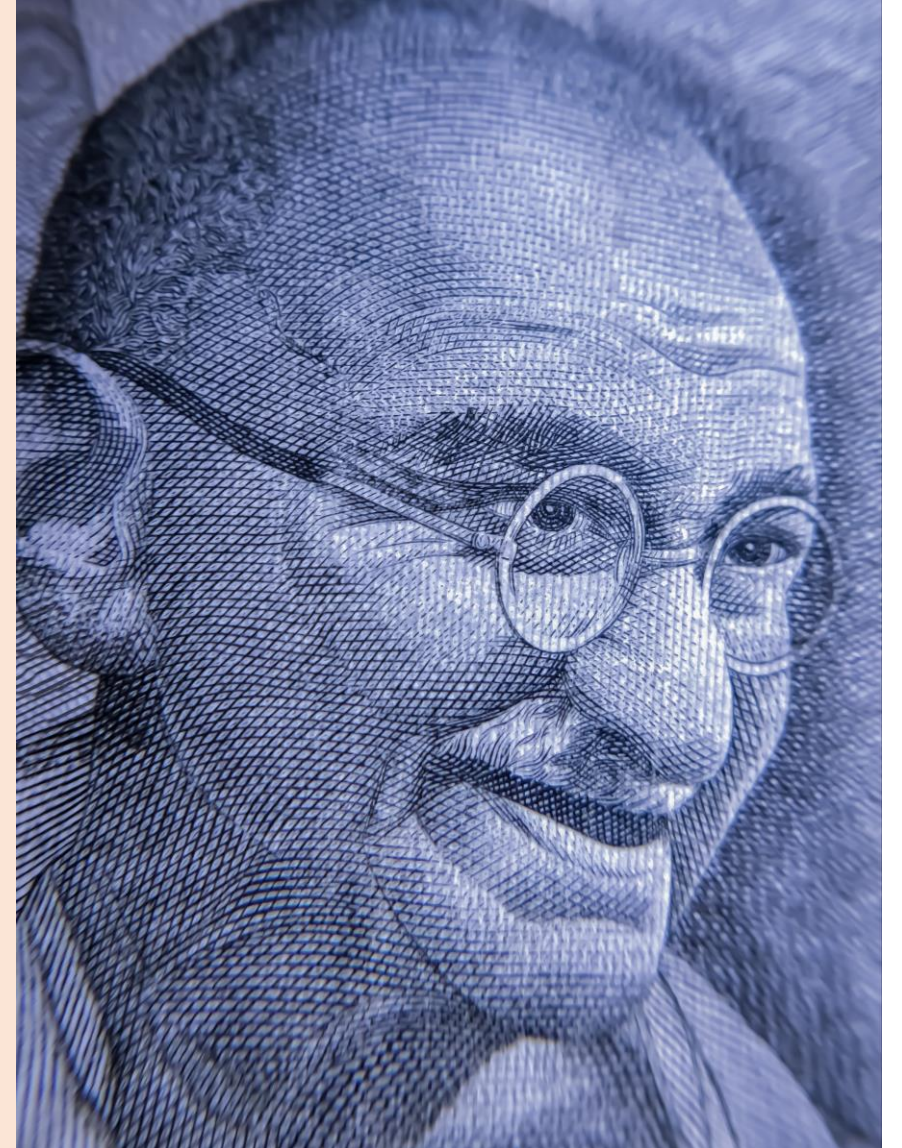
October 2

Gandhi Jayanti

One of the three national holidays of India, celebrates the birth of Mahatma Gandhi.

Born on this day in 1869, Mahatma was trained in law at the Inner Temple in London, England. He was called to the bar as a lawyer at the age of 22. As a lawyer he advocated as an anti-colonial nationalist and political ethicist who employed nonviolent resistance to lead the successful campaign for India's independence from British rule and in turn inspired movements for civil rights and freedom across the world.

His example of non-violent protest inspired the great Martin Luther King, Jr. as well as other American civil rights leaders. His legacy continues to inspire others today.

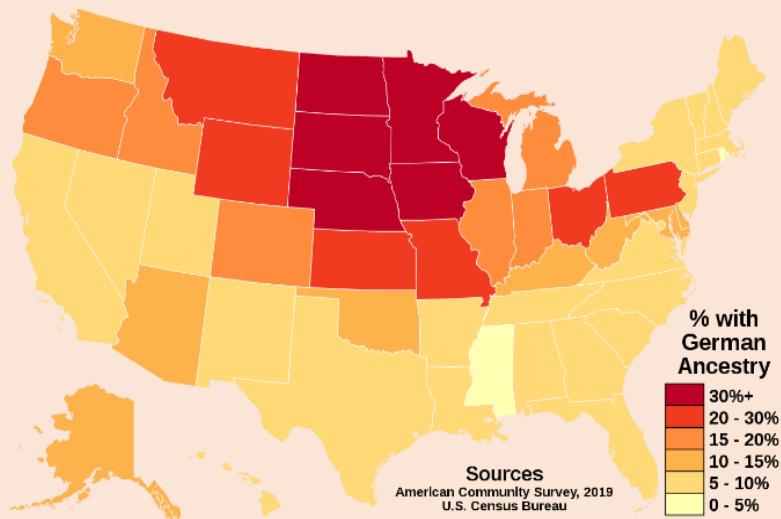


October 6

German American Day

Celebrates German-American heritage and commemorates the founding of Germantown, Pennsylvania in 1683.

Pennsylvania has the largest population of German Americans in the U.S. with 3.5 million. As of 2019 43,038,145 Americans claimed German ancestry, making up 13.3% of overall population.



October 9

Leif Erikson Day

Today honors Leif Erikson, the Norse explorer who led the first Europeans thought to have set foot in continental North America.

For entertainment on Leif Erikson Day, immerse yourself in Norwegian art. Read a play by Henrik Ibsen or watch one of his plays made into a movie, such as "A Doll's House" or "Hedda." For an action film, watch "Kon Tiki," a depiction of the 1947 voyage of Norwegian explorer Thor Heyerdahl on a raft from Peru to Polynesia. For an equally adventurous book, read "The Last Place on Earth" about the differences between explorations to the South Pole by Norwegian Roald Amundsen and Brit Robert Scott.



October 10 World Mental Health Day

The World Federation for Mental Health (WFMH) started observance of this day as an annual activity beginning in 1992. The day originally had no specific theme, and its goals were loosely associated with advocating mental health and public education on relevant issues.

After its first three years the Federation began choosing a yearly theme. This year's theme is "Mental Health in an Unequal World."

2020 highlighted inequalities due to race and ethnicity, sexual orientation and gender identity, and the lack of respect for human rights in many countries, including for people living with mental health conditions. Such inequalities have an impact on people's mental health.

This theme, chosen for 2021, will highlight that access to mental health services remains unequal, with between 75% to 95% of people with mental disorders in low- and middle-income countries unable to access mental health services at all, and access in high income countries is not much better. The foundation believes that lack of investment in mental health is disproportionate to countries' overall health budgets and contributes to the mental health treatment gap.

October 11 National Coming Out Day (LGBTQIAA+)

First celebrated in the United States in 1988, the initial idea was grounded in the feminist and gay liberation spirit of the personal being political. The organizers concluded that the emphasis should be on the most basic form of activism, the act of coming out to family, friends and colleagues, and living life as an openly lesbian or gay person.

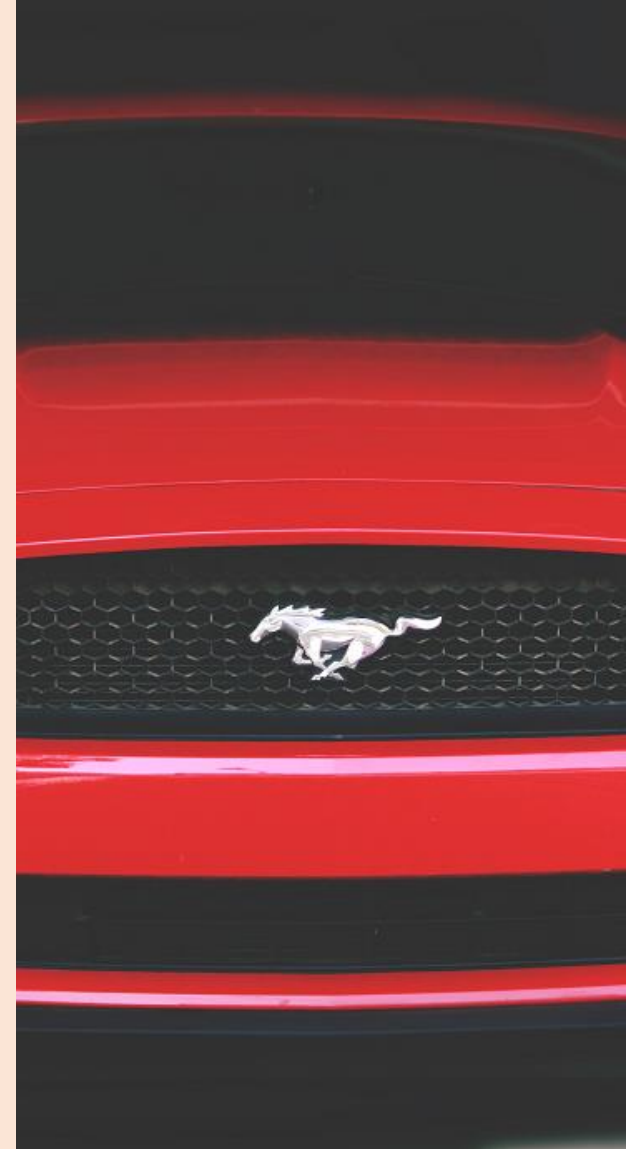


October 14, 1964

On this day in history, Civil Rights leader **Martin Luther King, Jr.**, became the youngest recipient of the Nobel Peace Prize. He donated the \$54,000 in prize money to the Civil Rights movement.

October 15, 1924

Lee Iacocca was born to Italian immigrant parents in Allentown, Pennsylvania (as Lido Anthony Iacocca). Dubbed "America's first corporate folk hero," he was a mechanical engineer who became an automobile executive at Ford and later helped save Chrysler from bankruptcy. He also served as foundation chairman for the rehabilitation of the Statue of Liberty and Ellis Island.



October 17

Spirit Day (LGBTQIAA+ Anti-Bullying)

<https://www.glaad.org/spiritday#why>

LGBTQ youth disproportionately face bullying and harassment because of their identities. Go purple for Spirit Day to support LGBTQ youth in a united stand against bullying. Spirit Day is a way for, global and local brands and companies, world leaders, celebrities, neighbors, parents, classmates, and friends to visibly show solidarity with youth and to take part in the most visible LGBTQ anti-bullying campaign in the world.

October 19

Eid Milad ul-Nabi (Muslim)

Mawlid, Mawlid an-Nabi ash-Sharif or Eid Milad un Nabi is the observance of the birthday of the Islamic prophet Muhammad which is commemorated in Rabi' al-Awwal, the third month in the Islamic calendar.

October 20

Sikh Holy Day (Birth of Guru Granth)

Sikhs do not believe that any particular day of the week is a holy day. However, **Sangraand (the first day of the Indian lunar calendar month)** is an important day, when most Sikhs like to visit the Gurdwara for special prayers, usually in the early morning.

October 22

International Stuttering Awareness Day

The ***International Stuttering Awareness Day, ISAD***, (October 22) began in 1998, spear-headed by Michael Sugarman, Oakland, California.



October 31 Halloween

Also known as **Allhalloween**, **All Hallows' Eve**, or **All Saints' Eve**, is a celebration observed in many countries on the 31st of October, the eve of the Western Christian feast of All Hallows' Day. It begins the observance of Allhallowtide, the time in the liturgical year dedicated to remembering the dead, including saints (hallows), martyrs, and all the faithful departed.

Many Halloween traditions may have been influenced by ancient Celtic harvest festivals, particularly the Gaelic festival Samhain, which may have had pagan roots. Some scholars hold that Samhain may have been Christianized as All Hallows' Day, along with its eve, by the early Church. Other academics believe that Halloween began solely as a Christian holiday, being the vigil of All Hallows' Day.

Halloween activities include trick-or-treating, attending Halloween costume parties, carving pumpkins into jack-o'-lanterns, lighting bonfires, apple bobbing, playing pranks, visiting haunted attractions, telling scary stories, as well as watching horror films. In many parts of the world, the Christian religious observances of All Hallows' Eve, including attending church services and lighting candles on the graves of the dead, remain popular, although elsewhere it is a more commercial and secular celebration. Some Christians historically abstained from meat on All Hallows' Eve, a tradition reflected in the eating of certain vegetarian foods on this vigil day, including apples, potato pancakes, and soul cakes.

October 31, 1950

Earl Lloyd became the first African American to play in a National Basketball Association (NBA) game when he took the floor for the Washington Capitols in Rochester, New York.



October Recipes

Pumpkin Butter

<https://www.foodandwine.com/recipes/pumpkin-butter>

Chestnut Crème Brûlée

<https://www.foodandwine.com/recipes/chestnut-creme-brulee>

Mr. October

<https://cooking.nytimes.com/recipes/12943-mr-october>

Maple Bourbon Apple Cider Cocktail

<https://selfproclaimedfoodie.com/maple-bourbon-apple-cider/>

